



# RAID

adventures



## The 2023 Escape Raid Race Document

This document contains all the information you will need to prepare for the Escape Raid. It will be updated periodically in the lead up to the race, so be sure to check back prior to race day.

### Concept

Back by popular demand, the Escape Raid returns for a second edition in 2023. Three races over one weekend: do one or do them all! In partnership with the Scenic Rim Council, the Escape Raid kicks off with a 3 hour foot rogaine on a private property beginning from race HQ of the shores of Lake Moogerah on Saturday 27 May. Teams will then transition to a 2 hour kayak rogaine on the lake that afternoon. At this point, it's time to kick up the feet and trade war stories around the campfire with a BBQ dinner and camping provided by the race. In the morning, after a hearty breakfast provided, teams will pack up and transfer to the Mt Joyce Mountain Bike Park on the shores of Lake Wyaralong for a 3 hour bike rogaine.

Winners will be announced as the combined total score of all three events, making up the premier category, however the option exists to do just one or two of the races if desired. All the strategy and navigational challenge you've come to know and love from Raid Adventures with a healthy dose of socialising thrown into the mix!

### Dates

27-28 May, 2023.

### Schedule

<b>Saturday 27 May, 2023</b>	
<u>3 Hour Trek Event</u>	
8:30am	Event registration and map handout
9:30am	Trek Event Start
12:30pm	Trek Event Finish
<u>2 Hour Kayak Event</u>	
1:30pm	Event registration and map handout
2:30pm	Kayak Event Start
4:30pm	Kayak Event Finish
5:00pm onwards	Camp fire and dinner
<b>Sunday 28 May, 2023</b>	
<u>3 Hour Bike Event</u>	
6:00am	Camp breakfast and pack up
8:00am	Depart for Wyaralong Dam
9:00am	Registration and map handout
10:00am	Bike Event Start
1:00pm	Bike Event Finish
1:30pm	Final Presentations, pack up and departure

## Team Size

Teams of 2 Competitors for Escape Raid Full (capped at 50 teams).

Teams of 2-5 Competitors for individual events.

## Categories

Gender:

- Mixed teams
- Male teams
- Female teams

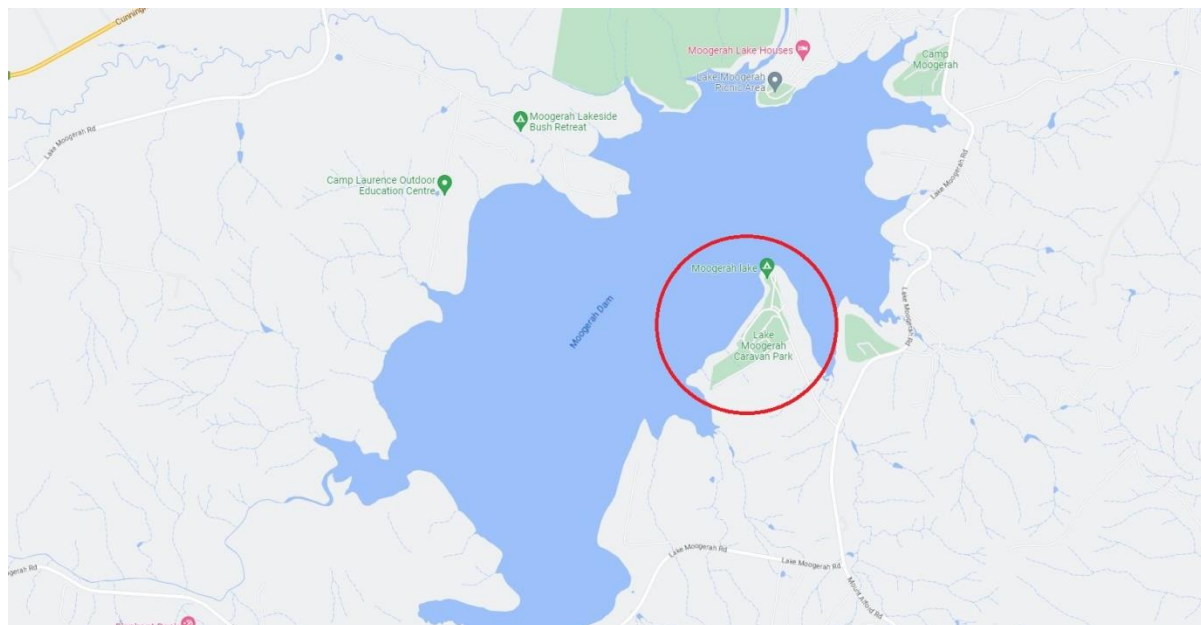
Age:

- Colts (all under 25)
- Open
- Veteran (all over 40)
- Family (U14 racing with parent/guardian)

## Race HQ Location

The Escape Raid HQ is the Lake Moogerah Caravan Park – 1 Muller Park Rd, Moogerah.

The event HQ provides the perfect setting for a social weekend of rogaining with full camp facilities including hot showers, camp kitchen and waterfront access. Camping is included in entry fees for those taking on the full program of all 3 races. These are unpowered sites. Teams may opt to book a powered sites or for the Friday night independently via the link [here](#). Saturday night BBQ dinner and Sunday morning breakfast will be provided to all competitors in the full program. A meal will also be included for competitors taking on just a single event. There is a spectator camping package available as well.



## Events

- 3 Hour Trekking rogaine – Saturday 27 May morning
- 2 Hour Kayak rogaine – Saturday 27 May afternoon
- 3 Hour Mountain Bike rogaine – Sunday 28 May afternoon

## Camping Logistics

There are some important points teams need to be aware of about the campground:

- We have exclusive use of the camping area noted in the image below.
- Everyone can arrive and use the key code noted on the attached image – **453212#** – between 6am and 5.30pm.
- All competitors not camping must have left before 5.30pm. Please do not park in the camping area if you are only there for the day.
- All competitors camping must supply car rego details and number of people associated with that rego. You will be issued an all hours keycode at the event registration that can be used to enter/exit out of hours.
- BYO firepits are allowed. They must be high enough off the ground so not to scorch the grass. There are also some available for hire (\$5 each) from the centre but these are limited.
- Please BYO wood as well.
- BYO Plate, Bowl, Cutlery, Mug.
- Saturday dinner and Sunday breakfast are provided. Competitors will need to provide all food outside of these meals, including Saturday and Sunday lunch.
- The camping area is open, but on a slight hill. You can setup anywhere on arrival, but no camping within 30m of the shorelines (this is a 20m no camping zone and 10m reserved for the admin tent and caterers).
- Competitors are permitted to use the camp kitchen and camper facilities (showers and toilets).
- There are day use facilities also available.





## Format

The Escape Raid is made up of three individual events. Teams may elect to do one, two or all three races. The premier category includes all three events. Each race is an individual rogaine – teams compete to collect as many points as possible while navigating an unmarked wilderness course with just map and compass. Results from each event are considered independently for rogaîner of the year award points. The Escape Raid is designed to be first and foremost a social weekend with camping and eating and we strongly encourage families to participate – the Escape Raid will be the perfect introduction into the world of multisport rogaïning.

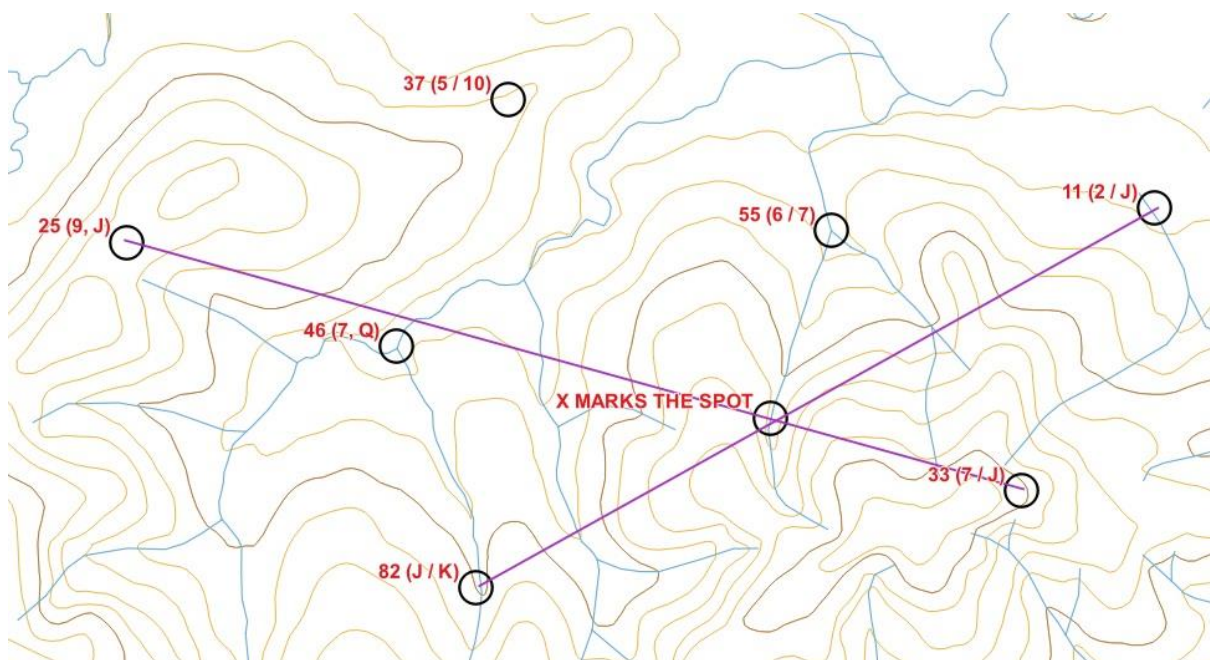
## Trek Rogaine Details and Format

X marks the spot! Every checkpoint on the Trek will additionally have 2 playing cards attached to them as pictured. There is space on your map to record these down, so bring a marker suitable for this. If you find "4 of a kind" you will be able to draw an "X" on your map such as in the example below - this is the location of a secret checkpoint worth 70 points! Taking a ruler with you may be a good idea too.



There are 4 such checkpoints out there to potentially grab. If you happen to find one of these accidentally you are permitted to punch them, however there is a catch - at the end of the event, you must submit your team's bonus checkpoint card with your guesses for any you have punched. If you get one wrong, you lose 140 points from your finishing score! All of these secret checkpoints are located in watercourses, and will be a little harder to spot (even as close as a few meters in some cases depending on direction of approach).

There is some grass seed on the course, and gaiters would not be a bad idea if you have them.



### Kayak Rogaine Details and Format

This is a fairly typical rogaine, with one small exception - Teams will be issued with 2 photos with their maps. Each are views that might be seen from the course. If you identify the checkpoint from which you would see the same vista, write the checkpoint number on the back of the photo as well as your team name and number. You can then put this in a box at hash house that will be used as a lucky draw raffle for prizes at the end of the event.

A limited number backrests will be available from HH prior to the event (\$10 each on the day). PFDs and paddles are also available free of charge if you need them.

### Bike Rogaine Details and Format

You will be issued with 2 bike maps with entirely different checkpoints, Map A and Map B. You can only collect checkpoints from the map you are on at that time, that is, you cannot collect checkpoints from "A" while on "B", and vice versa.

If you plan on doing checkpoints from each course, as we expect most teams will, you can only change between maps by returning to the hash house and punching a transition punch between 11am and 12pm ONLY.

You will be issued both maps at the map hand out so you can plan your strategy accordingly. You can start on either map and do them in any order and are not required to attempt checkpoints on both if you don't want to.

### Water

Teams are required to be self-sufficient with water over the entire weekend.

### Maps

Every competitor will receive a pre-marked, event-specific, waterproof map for each event. Possession of the map does not entitle you to entry in the area outside of the event period, the number, scale and size of each map is as follows:

- Trek Event: 1 x A3 Map at 1:10,000 scale
- Kayak Event: 1 x A3 Map at 1:10,000 scale
- Bike Event: 2 x A3 Maps at 1:10,000 scale

### Spectators and Volunteers

Volunteers are the backbone of rogaining and adventure racing. We love our volunteers and feed and look after them very well (see Derek's testimonial [here](#)). Volunteers at any Raid event or QRA race receive guaranteed pre-entry into our other races as well as \$50 credit to any other Raid Adventures race or QRA event.

There are a number of jobs we need assistance with on the course including help with registration, kayak logistics, manning transition areas, course sweepers, first aid, photography and social media. Contact Adam at [adam@navisoutdoors.com.au](mailto:adam@navisoutdoors.com.au) if you are keen to be part of the action. Spectators are always welcome at the race. Race HQ is a hive of activity and race HQ is a very family friendly location. Of course, the best way to spectate at the race is to volunteer.



## Entry Fees

Early bird entries open Thursday 24 February, 2023. Early bird entries close Monday 1 May, 2023 (or when sold out), after which point there is a \$20 increase in all fees listed below. Entries close fully on Monday 22 May, 2023.

### Escape Raid Full

- Teams of 2, capped at 50 teams (expected to sell out). Includes entry into all three events along with camping, Saturday dinner, Sunday breakfast, waterproof maps and electronic timing. An champion will be announced with combined results from all three events.
- \$175 per person. \$75 per under 14.

### Escape Raid Trek

- 3 hour trek event only. Includes waterproof maps, electronic timing and post-race dinner.
- \$75 per person. \$30 per under 14.

### Escape Raid Kayak

- 2 hour kayak event only. Includes waterproof maps, electronic timing and Saturday dinner.
- \$75 per person. \$30 per under 14.

### Escape Raid Bike

- 4 hour bike event only. Includes waterproof maps and electronic timing and pre-race breakfast. Event held at Wyaralong Dam.
- \$75 per person. \$30 per under 14.

### Spectator Camping Package

- Includes camping, Saturday night activities, Saturday dinner and Sunday breakfast.
- \$75 per person. Or come volunteer at the event for free!



### Further Inquiries

For additional information please contact wither Adam Power at [adam@navisoutdoors.com.au](mailto:adam@navisoutdoors.com.au) (course, kayak and HQ related questions) or Liam St Pierre at [liam@raidadventures.com](mailto:liam@raidadventures.com) (admin and entry related questions). Keep an eye on the Rogue Adventure [facebook page](#) here for further information and updates from the course.



### Kayaks

Teams competing in the full program of 3 events will paddle the green Spirit Double CTR kayak fleet managed by [Navis Outdoors](#). Paddle and/or PFDs can be provided for free of charge - The exception to loaning a PFD is for young racers under the age of 12 – please contact the organiser if you do not have a suitable PFD for a child of this age. However, competitors are recommended to bring their own paddles and PFDs where available. Teams may consider the use of backrests. You can bring your own or hire by emailing [adam@navisoutdoors.com.au](mailto:adam@navisoutdoors.com.au) and must be collected at map handout.



### Sponsorship

The Escape Raid is excited to announce the support of the Scenic Rim Regional council. Be sure to check out the <https://www.visitscenicrim.com.au/> page for other adventurous outings to be had in the surrounding area, along with local accommodation options.










## Escape Raid Mandatory Equipment List

Below is the list of mandatory equipment items to be carried by competitors on the course. This is a bare minimum of required equipment. All competitors are expected to be self-sufficient out on the course. In the event of an emergency, your team mates will be the source of first response. Heavy penalties will apply for teams found not carrying an item of mandatory equipment.



### All Events

Item	Number	Notes
 Mobile Phone	1 per team	Fully charged, water proofed, and with "Emergency+ App installed <a href="http://emergencyapp.triplezero.gov.au/">http://emergencyapp.triplezero.gov.au/</a>
 Whistle	1 per person	Accessible at all times, particularly if you capsize on a kayak leg.
 Emergency Space Blanket/Bag	1 per team	Any form of space blanket is sufficient.
 Compass	1 per team	Southern hemisphere compass. Electronic (watch or phone) compass is insufficient.
 First aid kit	1 per team	Minimum 2 Space Blankets, 1 Crepe Bandage (min length 2m) with clips/pins, 2 Triangular Bandages, Sterile Dressing, Strapping Tape

### Mountain Bike Event Only

Item	Number	Notes
 Mountain bike	1 per person	Sufficient for riding on rugged trails.
 Helmet	1 per person	Must meet Australian standards.

### Kayak Event Only

Item	Number	Notes
 <p>PFD</p>	1 per person	Type 2 or better. To be worn at all times while kayaking. Inflatable PFDs are insufficient. Can be provided if required.
 <p>Paddle</p>	1 per person	Paddles can be provided if required.

### Prohibited Items

- Any form of GPS or distance measuring devices including foot pods, pedometers, step counters, etc
- Cycle computers
- Altimeters
- Any maps other than those provided

### Recommended Items

The above list is the bare minimum of mandatory equipment teams are required to carry on the course. It is sufficient to manage an emergency situation until first responders can arrive to render assistance. To comfortably complete the course, teams are recommended to carry the following suggested items:

- Outdoor clothing including hats, sunglasses, gaiters, thermal pants and top, waterproof jacket, beanie and gloves.
- Sunscreen, insect repellent and other additional first aid.
- Toilet paper and trowel.
- Bike repair tools and spare parts.
- Camp equipment