

## **RAID100 Northern Rivers 2022 RACE REPORT**

### **Team 35 Desk Jockey Adventures**

What an experience! Last week [Troy Evans](#) & I teamed up to tackle the 2022 RAID100 Adventure Race. That's a 5 day non stop race around the Clarence Valley region.

We ran, kayaked, trekked, mountain biked, packrafted and abseiled through the course. 5 days with no phone access, gps or news from outside as we used maps and compass to navigate.

As it's a non stop race sleeping is not moving so we only grab the minimum when it's absolutely necessary.

All up we covered about 406 km.

Paddle 126 km  
Trek 61 km  
Ride 219 km  
Sleep 12 hours

Some significant new experiences like taking shelter from the rain by sleeping roadside under a pine tree. It was like we were the presents tucked under a Christmas tree.

Packrafting was a new experience for us and going down grade 2 & 3 rapids was scary and thrilling. We got pinned against an obstacle on the second rapid of a 44 km section of river. Extricated ourselves and then encountered multiple other teams with their rafts stuck wrapped around trees, all there gear gone, team members temporarily missing. The river was pumping and there was some very real consequences. Thankfully Troy Evans had some whitewater experience and his knowledge made the difference for us. Later on we buddied with a less experienced team to escort them down the rapids. Paddling our boat to rescue their gear after capsizing and sending their boat down a rapid empty whilst they hiked around.

Loads of water on the course meant constantly wet feet for 5 days.

Meet some wonderful individuals tackling the same obstacles as us and sharing the experience.

Thanks [Liam St Pierre](#) for organising an amazing event.

Thanks [Anne Sawyer](#) for the love and support to take on the training and time away.





























