





The 2022 Escape Raid Race Document

This document contains all the information you will need to prepare for the Escape Raid. It will be updated periodically in the lead up to the race, so be sure to check back prior to race day.

Concept

The Escape Raid is Raid Adventure's newest event. Three races over one weekend: do one or do them all! In partnership with the Scenic Rim Council's "Escape in the Scenic Rim Adventure Festival", the Escape Raid kicks off with the option of either a 3 hour or 6 hour foot rogaine on the private property of the Overflow Estate Winery on Saturday 28 May. Teams then have the option of camping overnight with dinner around the campfire. After breakfast, the event then migrates to the shores of Lake Wyaralong for a 3 hour kayak rogaine on the morning of Sunday 29 May, with an option to paddle your own craft or use the kayaks provided. All meals and camping are included in the entry fee. Winners will be announced as the combined total score across both events which makes up the premier category, however the option exists to just do one of the races if desired. All the strategy and navigational challenge you've come to know and love from Raid Adventures with a healthy dose of socialising thrown into the mix!

Update

Update as of 24 May, 2022. Due to the extreme rain and trail damage, the bike event of the Escape Raid will not be going ahead. The other two events will proceed with some minor adjustments.

Dates

28-29 May, 2022.

Schedule

Saturday 28 May, 2022		
8:00am	Event registration and camp set up opens (Overflow Estate)	
9:00am	6 Hour Trek event map handout	
11:00am	6 Hour event starts	
1:00pm	3 Hour Trek event map handout	
2:00pm	3 Hour Trek event starts	
5:00pm	Both Trek events finish	
5:30pm	Dinner and campfire	
Sunday 29 May, 2022		
5:30am	Camp breakfast opens and packup	
7:30am	Transfer to Wyaralong Dam (private vehicles)	
8:00am	Registration and map handout for Kayak event	
9:00am	3 Hour Kayak event starts	
12:00pm	3 Hour Kayak event finishes	
12:30pm	Event wrap up and presentations	



Team Size

Teams of 2 to 5 competitors.

Categories

Gender:

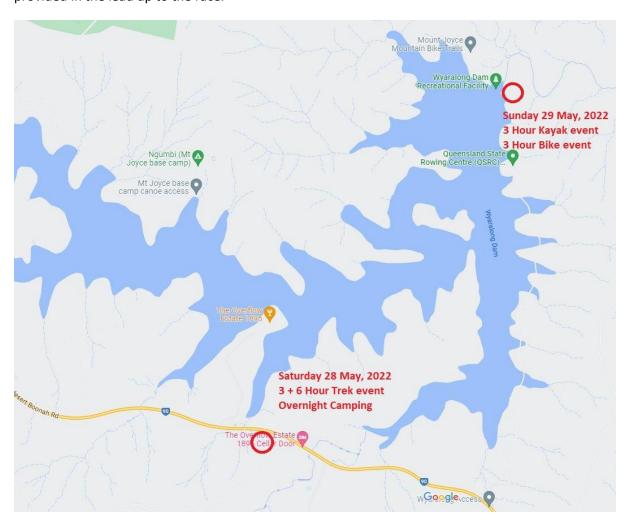
- Mixed teams
- Male teams
- Female teams

Age:

- Colts (all under 25)
- Open
- Veteran (all over 40)
- Family (U16 racing with parent/guardian)

Race HQ Location

The Escape Raid HQ for the Trek race and overnight camping is located at the <u>Overflow Estate Property</u> on the southern side of Beaudesert Boonah Road. The race will then move to the <u>Wyaralong Dam Recreation area</u> for the kayak and bike events on Sunday. Specific details will be provided in the lead up to the race.





Events

- 6 Hour or 3 Hour Trekking rogaine
- 3 Hour Kayak rogaine
- 3 Hour Mountain Bike rogaine.

Format

The Escape Raid is made up of two individual events. Teams may elect to do one or both races. The premier category is includes both events with the 6 hour trek event option. Each race is an individual rogaine – teams compete to collect as many points as possible while navigating an unmarked wilderness course with just map and compass.

Both stages will be designed with the intention that it is not possible to get every check point on course, requiring plenty of strategic decisions and pushing event the fastest teams to their limits. However, the Escape Raid is designed to be first and foremost a social weekend with camping and all meals provided and we strongly encourage families to participate – the Escape Raid will be the perfect introduction into the world of multisport rogaining.

Water

Teams are required to be self-sufficient with water over the entire weekend.

Meals and Camping

The event is fully catered for by Beaudesert District Scouts, and they come with their own professional chef! Dinner (soup and burger fair) provided if you have entered the trek, breakfast (cereal, bacon & eggs, juice, pancakes) provided if you have entered the kayak. You will receive a raffle ticket that you hand in to get your meal when you get your maps on the Saturday (Kayak only teams on Sunday come and see the organisers for your breakfast ticket on arrival). Please note, this does not include drinks – BYO beverages. Competitors are requested to bring their own plates and cutlery for the meal to save on plastic waste (along with a means to wash things up).

Coffee. There is a coffee cart on-site first thing Sunday morning, and we expect it to be popular as the nearest cafe is in Beaudesert - please support the cart! Saturday evening after the event, there will be self-serve coffee available if you bring your cup. This was very kindly donated by Trev from Tiger Adventure when we could not secure a coffee van for the Saturday and were facing the horrible prospect of going without - thanks Trev.

Camping on Saturday night is included in for all competitors. The camping paddock is pretty dry and the road in is solid, but those driving a 2WD are recommended to just walk in and inspect the ground on foot before selecting a site. It is also strongly recommended that they bring their own shelter and seating.

Fires are also allowed, but we will be setting those up (ie. you can't just make one anywhere you like! Feel free to bring along dry wood though! to contribute).



Maps

Maps are 1:30,000 colour A3 maps printed on waterproof paper. One per competitor for each event.

Spectators and Volunteers

Volunteers are the backbone of rogaining and adventure racing. We love our volunteers and feed and look after them very well (see Derek's testimonial here). Volunteers at any Raid event or QRA race receive guaranteed pre-entry into our other races as well as \$50 credit to any other Raid Adventures race or QRA event.

There are a number of jobs we need assistance with on the course including help with registration, kayak logistics, manning transition areas, course sweepers, first aid, photography and social media. Contact Adam at adam@navisoutdoors.com.au if you are keen to be part of the action. Spectators are always welcome at the race. Race HQ is a hive of activity and race HQ is a very family friendly location. Of course, the best way to spectate at the race is to volunteer.

Kayaks

Teams have the option to either provide their own kayak for the Escape Raid kayak event, or use one of the kayaks provided. There are a limited number of kayaks available, so teams are encouraged to enter early to secure a boat. These will be the green Spirit Double CTR kayak fleet managed by <u>Navis Outdoors</u>.

Paddle and/or PFDs can be provided for free of charge - The exception to loaning a PFD is for young racers under the age of 12 – please contact the organiser if you do not have a suitable PFD for a child of this age. However, competitors are recommended to bring their own paddles and PFDs where available. Teams may consider the use of backrests. You can bring your own or hire by emailing adam@navisoutdoors.com.au and must be collected at map handout.

Teams providing their own kayak must ensure that they have positive buoyancy (will remain afloat if completely full of water) and are in suitable condition for paddling on an exposed lake.





Entry Fees

Early bird rates until COB Friday 13 May, 2022.

- Escape Raid Full (both events, 6 hr trek) \$175 \$140 per person / \$80 \$70 per under 14
- Escape Raid Short (both events, 3 hr trek) \$175 \$140 per person / \$80 \$70 per under 14
- Escape Raid Trek 6 Hr (trek event only) \$75 per person / \$30 per under 14
- Escape Raid Trek 3 Hr (trek event only) \$75 per person / \$30 per under 14
- Escape Raid Kayak (kayak event only) \$75 per person / \$30 per under 14
- Escape Raid Bike (bike event only) \$75 per person / \$30 per under 14

Entries received after the close of early bird will incur a \$20 per person (or \$10 per under 14) late fee.

Further Inquiries

For additional information please contact wither Adam Power at adam@navisoutdoors.com.au (course, kayak and HQ related questions) or Liam St Pierre at liam@raidadventures.com (admin and entry related questions). Keep an eye on the Rogue Adventure facebook page here for further information and updates from the course.



Escape Raid Mandatory Equipment List

Below is the list of mandatory equipment items to be carried by competitors on the course. This is a bare minimum of required equipment. All competitors are expected to be self-sufficient out on the course. In the event of an emergency, your team mates will be the source of first response. Heavy penalties will apply for teams found not carrying an item of mandatory equipment.

All Events

Item		Number	Notes
	Mobile Phone	1 per team	Fully charged, water proofed, and with "Emergency+ App installed http://emergencyapp.triplezero.gov.au/
	Whistle	1 per person	Accessible at all times, particularly if you capsize on a kayak leg.
BST RELETE	Emergency Space Blanket/Bag	1 per team	Any form of space blanket is sufficient.
	Compass	1 per team	Southern hemisphere compass. Electronic (watch or phone) compass is insufficient.
TOTAL AND	First aid kit	1 per team	Minimum 2 Space Blankets, 1 Crepe Bandage (min length 2m) with clips/pins, 2 Triangular Bandages, Sterile Dressing, Strapping Tape

Trek Event only

Item	Number	Notes
Head lamp	1 per team	With full batteries. Back up in case of late return.



Mountain Bike Event Only

ltem .		Number	Notes Notes
000	Mountain bike	1 per person	Sufficient for riding on rugged trails.
	Helmet	1 per person	Must meet Australian standards.

Kayak Event Only

Ite	em	Number	Notes
	PFD	1 per person	Type 2 or better. To be worn at all times while kayaking. Inflatable PFDs are insufficient. Can be provided if required.
	Paddle	1 per person	Paddles can be provided if required.

Prohibited Items

- Any form of GPS or distance measuring devices including foot pods, pedometers, step counters, etc
- Cycle computers
- Altimeters
- Any maps other than those provided

Recommended Items

The above list is the bare minimum of mandatory equipment teams are required to carry on the course. It is sufficient to manage an emergency situation until first responders can arrive to render assistance. To comfortably complete the course, teams are recommended to carry the following suggested items:

- Outdoor clothing including hats, sunglasses, gaiters, thermal pants and top, waterproof jacket, beanie and gloves.
- Sunscreen, insect repellent and other additional first aid.
- Toilet paper and trowel.
- Bike repair tools and spare parts.
- Camp equipment