





The 2022 Escape Raid Race Document

This document contains all the information you will need to prepare for the Escape Raid. It will be updated periodically in the lead up to the race, so be sure to check back prior to race day.

Concept

The Escape Raid is Raid Adventure's newest event. Three races over one weekend: do one or do them all! In partnership with the Scenic Rim Council's "Escape in the Scenic Rim Adventure Festival", the Escape Raid kicks off with the option of either a 3 hour or 6 hour foot rogaine on the private property of the Overflow Estate Winery on Saturday 28 May. Teams then have the option of camping overnight with dinner around the campfire. After breakfast, the event then migrates to the shores of Lake Wyaralong for a 3 hour kayak rogaine on the morning of Sunday 29 May, with an option to paddle your own craft or use the kayaks provided. Following a light lunch, the event wraps up with a 3 hour mountain bike rogaine through the single track network of the Mt Joyce Mountain Bike Park. All meals and camping are included in the entry fee. Winners will be announced as the combined total score of all three events which makes up the premier category, however the option exists to just do one or two of the races if desired. All the strategy and navigational challenge you've come to know and love from Raid Adventures with a healthy dose of socialising thrown into the mix!

Dates

28-29 May, 2022.

Schedule

| Saturday 28 N | Лау, 2022 | | |
|---------------|--|--|--|
| 3:00am | Event registration and camp set up opens (Overflow Estate) | | |
|):00am | Map hand out – all three events | | |
| 1:00am | 6 Hour Trek event starts | | |
| L2:00pm | 3 Hour Trek event map handout | | |
| 2:00pm | 3 Hour Trek event starts | | |
| 5:00pm | 3 and 6 Hour Trek event finishes | | |
| 5:30pm | Dinner and campfire | | |
| Sunday 29 Ma | ay, 2022 | | |
| 5:00am | Camp breakfast opens and packup | | |
| 7:00am | Transfer to Wyaralong Dam (private vehicles) | | |
| 7:00am | Registration and map handout (Kayak only teams) | | |
| 3:00am | 3 Hour Kayak event starts | | |
| L1:00am | 3 Hour Kayak event finishes | | |
| 1:00am | Registration and map handout (Bike only teams). Lunch provided | | |
| L2:00pm | 3 Hour Mountain Bike event starts | | |
| 3:00pm | 3 Hour Mountain Bike event finishes | | |
| 3:30pm | Event wrap up and presentations | | |

Team Size

Teams of 2 to 5 competitors.

Categories

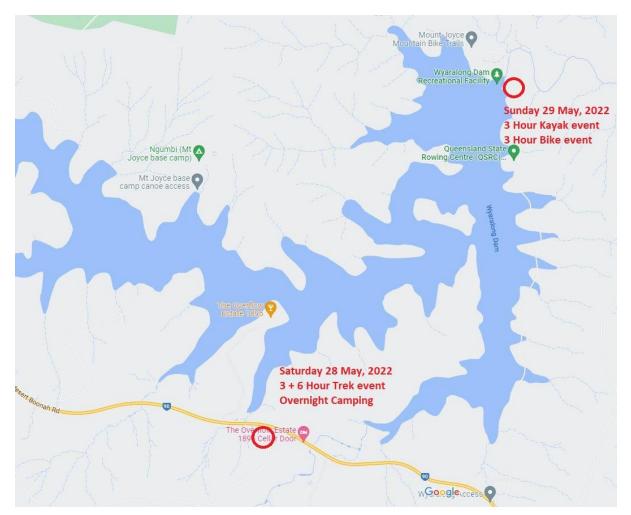
Gender:

- Mixed teams
- Male teams
- Female teams

- Age:
 - Colts (all under 25)
 - Open
 - Veteran (all over 40)
 - Family (U16 racing with parent/guardian)

Race HQ Location

The Escape Raid HQ for the Trek race and overnight camping is located at the <u>Overflow Estate</u> <u>Property</u> on the southern side of Beaudesert Boonah Road. The race will then move to the <u>Wyaralong Dam Recreation area</u> for the kayak and bike events on Sunday. Specific details will be provided in the lead up to the race.





Events

- 6 Hour or 3 Hour Trekking rogaine
- 3 Hour Kayak rogaine
- 3 Hour Mountain Bike rogaine.

Format

The Escape Raid is made up of three individual events. Teams may elect to do one, two or all three races. The premier category is includes all three events with the 6 hour trek event option. Each race is an individual rogaine – teams compete to collect as many points as possible while navigating an unmarked wilderness course with just map and compass.

All three stages will be designed such that it is not possible to get every check point on course, requiring plenty of strategic decisions and pushing event the fastest teams to their limits. However, the Escape Raid is designed to be first and foremost a social weekend with camping and all meals provided and we strongly encourage families to participate – the Escape Raid will be the perfect introduction into the world of multisport rogaining.

Course Description & Approximate Distances

This document will be updated closer to the event – stay tuned!

Water

Teams are required to be self-sufficient with water over the entire weekend.

Maps

Every competitor will receive a pre-marked, event-specific, waterproof map. Details on the size and scale will be released in the lead up to the race. Each event will have its own map.

Spectators and Volunteers

Volunteers are the backbone of rogaining and adventure racing. We love our volunteers and feed and look after them very well (see Derek's testimonial <u>here</u>). Volunteers at any Raid event or QRA race receive guaranteed pre-entry into our other races as well as \$50 credit to any other Raid Adventures race or QRA event.

There are a number of jobs we need assistance with on the course including help with registration, kayak logistics, manning transition areas, course sweepers, first aid, photography and social media. Contact Adam at <u>adam@navisoutdoors.com.au</u> if you are keen to be part of the action. Spectators are always welcome at the race. Race HQ is a hive of activity and race HQ is a very family friendly location. Of course, the best way to spectate at the race is to volunteer.



Kayaks

Teams have the option to either provide their own kayak for the Escape Raid kayak event, or use one of the kayaks provided. There are a limited number of kayaks available, so teams are encouraged to enter early to secure a boat. These will be the green Spirit Double CTR kayak fleet managed by <u>Navis</u> <u>Outdoors</u>.

Paddle and/or PFDs can be provided for free of charge - The exception to loaning a PFD is for young racers under the age of 12 – please contact the organiser if you do not have a suitable PFD for a child of this age. However, competitors are recommended to bring their own paddles and PFDs where available. Teams may consider the use of backrests. You can bring your own or hire by emailing adam@navisoutdoors.com.au and must be collected at map handout.

Teams providing their own kayak must ensure that they have positive buoyancy (will remain afloat if completely full of water) and are in suitable condition for paddling on an exposed lake.



Entry Fees

Early bird rates until COB Friday 13 May, 2022.

- Escape Raid Full (all 3 events with 6 hr trek option) \$175 per person / \$80 per under 14
- Escape Raid Short (all 3 events with 3 hr trek option) \$175 per person / \$80 per under 14
- Escape Raid Trek 6 Hr (trek event only) \$75 per person / \$30 per under 14
- Escape Raid Trek 3 Hr (trek event only) \$75 per person / \$30 per under 14
- Escape Raid Kayak (kayak event only) \$75 per person / \$30 per under 14
- Escape Raid Bike (bike event only) \$75 per person / \$30 per under 14

Entries received after the close of early bird will incur a \$20 per person (or \$10 per under 14) late fee.

Further Inquiries

For additional information please contact wither Adam Power at <u>adam@navisoutdoors.com.au</u> (course, kayak and HQ related questions) or Liam St Pierre at <u>liam@raidadventures.com</u> (admin and entry related questions). Keep an eye on the Rogue Adventure <u>facebook page</u> here for further information and updates from the course.



Escape Raid Mandatory Equipment List

Below is the list of mandatory equipment items to be carried by competitors on the course. This is a bare minimum of required equipment. All competitors are expected to be self-sufficient out on the course. In the event of an emergency, your team mates will be the source of first response. Heavy penalties will apply for teams found not carrying an item of mandatory equipment.

All Events

| Item | | Number | Notes |
|----------|--------------------------------|--------------|---|
| | Mobile Phone | 1 per team | Fully charged, water proofed, and with "Emergency+ App installed <u>http://emergencyapp.triplezero.gov.au/</u> |
| | Whistle | 1 per person | Accessible at all times, particularly if you capsize on a kayak leg. |
| | Emergency Space Blanket/Bag | 1 per team | Any form of space blanket is sufficient. |
| COPPer 1 | Compass | 1 per team | Southern hemisphere compass. Electronic (watch or phone) compass is insufficient. |
| | First aid kit | 1 per team | Minimum 2 Space Blankets, 1 Crepe Bandage (min length 2m) with clips/pins, 2 Triangular Bandages, Sterile Dressing, Strapping Tape |

Trek Event only

| Item | Number | Notes |
|-----------|------------|--|
| Head lamp | 1 per team | With full batteries. Back up in case of late return. |



Mountain Bike Event Only

| ltem | | Number | Notes |
|------|---------------|--------------|---|
| 010 | Mountain bike | 1 per person | Sufficient for riding on rugged trails. |
| | Helmet | 1 per person | Must meet Australian standards. |

Kayak Event Only

| Ite | m | Number | Notes |
|-----|--------|--------------|---|
| | PFD | 1 per person | Type 2 or better. To be worn at all times while kayaking. Inflatable PFDs are insufficient. Can be provided if required. |
| | Paddle | 1 per person | Paddles can be provided if required. |

Prohibited Items

- Any form of GPS or distance measuring devices including foot pods, pedometers, step counters, etc
- Cycle computers
- Altimeters
- Any maps other than those provided

Recommended Items

The above list is the bare minimum of mandatory equipment teams are required to carry on the course. It is sufficient to manage an emergency situation until first responders can arrive to render assistance. To comfortably complete the course, teams are recommended to carry the following suggested items:

- Outdoor clothing including hats, sunglasses, gaiters, thermal pants and top, waterproof jacket, beanie and gloves.
- Sunscreen, insect repellent and other additional first aid.
- Toilet paper and trowel.
- Bike repair tools and spare parts.
- Camp equipment