



# RAID

adventures



## The MOJO Raid 2019

This document contains all the information you will need to prepare for the MOJO Raid. The race schedule and logistics have been set to be as racer friendly as possible.

### Concept

The MOJO Raid is the cheeky younger sibling of the Rogue race. Racers should always expect the unexpected in this event! Teams will compete to collect as many checkpoints as possible over a 12, 6 or 3 hour time period. The MOJO Raid involves multiple stages of the traditional adventure racing disciplines of trekking, mountain biking and kayaking where teams must navigate the course using a map and compass on a route of their own choice. Each stage is effectively its own small rogaine where competitors may attempt to collect as many or as few checkpoints as they wish, making this event achievable by all levels of athlete. Strategy, precise navigation and perseverance will play just as a significant role as raw fitness. 2019 will represent the fifth running of the MOJO Raid which is renowned for its fun yet challenging atmosphere.

The 3 Hour event is designed for newbies and families – to encourage new people into the sport in a fun and exciting way. This event is held on the Sunday to allow for families to compete together.

### Dates

14-15 September 2019

### Schedule

#### 12 Hour Race Schedule

##### Saturday 15<sup>th</sup> September

06:00	Bike Drop
06:15	Registrations Open
06:30	Compulsory briefing + Map Handout
07:50	Final Briefing
08:00	Race Starts
20:00	Race Finish
20:15	Meal
20:40	Presentations (earlier if able)

#### 6 Hour Race Schedule

##### Saturday 15<sup>th</sup> September

07:00	Bike drop open
07:15	Registrations Open
08:50	Compulsory briefing + Map Handout
09:50	Compulsory Safety Briefing
10:00	Race Starts
16:00	Race Finish
16:15	Meal
16:40	Presentations (earlier if able)

#### 3 Hour Race Schedule

##### Sunday 16<sup>th</sup> September

07:45	Map Handout and novice briefing
08:50	Compulsory safety briefing
09:00	Race Start
12:00	Race Finish
12:15	Post Race Meal and Presentations

## Categories

Gender: Mixed teams  
Male teams  
Female teams

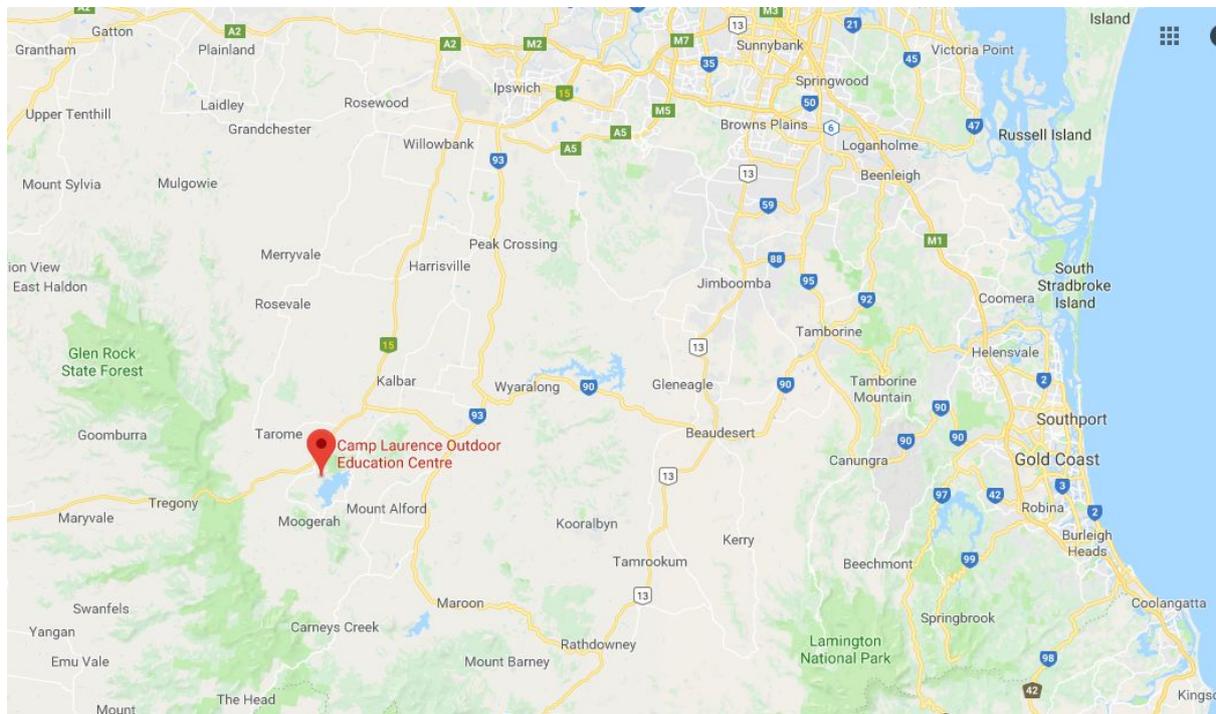
Age: Colts (all under 25)  
Open  
Veteran (all over 40)

## Team Size

Teams of 2 or solo (6hr option only). 3 Hour may contain odd numbers if required.

## Race HQ Location

Race HQ is located at [Camp Laurence, Ski Zone Road, Lake Moogerah](#).



## Format

Teams will be required to attempt multiple legs of alternating race disciplines. Each leg must be attempted in order, and once a leg is completed teams may not return to it to collect missed checkpoints later unless otherwise specified in the course notes. However, within each leg, teams may collect as many checkpoints in any order that they wish. **For the MOJO Raid all teams must collect at least one checkpoint from each leg.** Note that teams may only collect checkpoints that are from the current leg that they are on. Note also that some stages of the race may have “opening” or “closing” times. A 10 point per minute applies for each minute a team is late after closing time. This format of event allows for a very social atmosphere of racing with teams constantly brought together. Each stage of the MOJO Raid is separated by a transition area where an event official will be present. Any team that makes it back to Race HQ under their own power will be considered ranked with an official result.

## Disciplines

- Trekking – both on and off-trail.
- Mountain Biking – sealed and unsealed roads, including fire trails and farm tracks.
- Kayaking – on flat-water lake/s.
- Navigation – moderate to challenging.

## Maps

Every competitor will receive a set of pre-marked, event specific, waterproof maps.

## Navlight Timing Tags

Navlight timing tags will be distributed when you submit your indemnity forms. There is one per person. Please ensure they are attached firmly and correctly so that they don't get lost during the event as they are quite expensive to replace and this cost will fall on you. You will need to check in with the briefing punch just prior to the race start. Tags will be collected by an official when you return to the finish site and your score is downloaded. In teams with more than two – only two tags will be

## Kayaks

Most teams will paddle the double CTRs provided by [Navis Outdoors](#) picture below. Paddles and/or PFDs can be provided for free of charge for teams that have booked these upon entry. It is also recommended to bring some seating such as a piece of foam to make paddling more comfortable. There will be a number of canoes available for the 3 hour race and teams with smaller children.



## Back Rests

Kayak supplier Navis Outdoors have a limited number of backrest available for hire. These can be pre-booked via this [link](#). Payment must be made via cash on the day and the back rests will be set up in preparation for you as requested.

## Accommodation and Bike Hire

Accommodation is available for a small fee which includes hot showers. Please contact [info@mojoadventure.com.au](mailto:info@mojoadventure.com.au) to book. Payment will be made at the campsite and EFTPOS is available. There are two types of on-site accommodation available: cabins that sleep 4 people and camping.

- Cabins are \$25/person/night. Kids are \$17/child/night. Jo will coordinate teams of 2 into shared cabins.
- Camping is \$15.50/person/night. Kids are \$9.50/person/night.

Mountain bikes are also available for hire for the event for a cost of \$49/bike. Sizes range from kids, X-small, Small, Medium and Large.

## Spectators and Volunteers

Volunteers are the backbone of rogaining and adventure racing. We love our volunteers and feed and look after them very well (see Derek's testimonial [here](#)). Volunteers at any Raid event or QRA race receive guaranteed pre-entry into our other races as well as credit to any other Raid Adventures race or QRA event. Contact Jo at [mojoadventureracing@gmail.com](mailto:mojoadventureracing@gmail.com) if you are keen to be part of the action. Spectators are always welcome at the race. Race HQ is always a hive of activity and there are a number of key transition areas in fantastic and accessible locations around the course to watch the action unfold. Of course, the best way to spectate at the race is to volunteer.

## Scoring

Scoring will be performed using the electronic Navlight Timing System. Please advise officials at registration if you are unfamiliar with the use of this system. Lost tags will incur a fee of \$75. The MOJO Raid will adopt a traditional rogaine scoring format where each checkpoint will be assigned a certain score value: each CP will be numbered numerically in order, with a score value in brackets afterwards. For example, CP3 from the first stage of the race may have a value of 50 points, while CP42 from a later stage might only have a value of 20 points. In the event of a tied score, the team that finishes earlier will be ranked higher. Teams arriving after the finish time will receive a penalty of 10 points per minute they are late or part thereof, up to 30 minutes. At this point the course will be closed and teams that have not finished will lose all points.



Once you have completed the course you will receive a printed copy of your results – make sure you check this for errors and report to officials ASAP. These results are used to determine category winners.

## Terrain

This year's MOJO is designed to showcase some of the natural beauty of the Scenic Rim. We have been very fortunate to secure access to many private properties that you will only have access to during our event. We would describe our 12-hour event as navigationally challenging, with lots of off trail and elevation. Our 6-hour event will also have some very spectacular off trail work with plenty of safe options for our rookie or more junior teams.

The 3 hour has been designed to be fun yet slightly challenging for our novice racers.

## Weather and Light

Average spring temps for the area will mean a max of about 25 degrees. Moogerah means "place of the thunderstorm" and this is always a possibility in spring. The 12 hour teams will be finishing in the dark so please ensure you have bike and appropriate head lamps.

## A Note on Shoes, Litter and Clothing

Bike shoes may be left with bikes at the bike drop. You may leave other items with your bikes but you will be required to take ALL items and ALL rubbish with you when you leave.

Maintaining a pristine environment is very important not only for our planet but also for being able to access areas for our events. Any teams found to be intentionally littering will be penalised. Please take all waste with you and if you see "race litter" on course that may have been accidentally dropped please pick it up and take it with you.

The hiking terrain in sections of both the 12 and 6 hours would be described as challenging and we recommend long sleeve pants or gaiters and long sleeve tops. As it is spring the possibility of snakes on course is high too so please be prepared.

## Acknowledgement, Waiver and Release

An acknowledgement, waiver and release form is attached at the end of this document. Please print off, have all your team mates sign and submit when you come to collect your navlight timing tags.



## Sponsors and other cool stuff...

As always, the MOJO Raid is challenging but also full of surprises... We are grateful to our awesome sponsors for prizes and support. We have also designed some very cool and special trophies for our category winners this year so give it a red hot go out on course so you can take one home with you!

Did we mention we have a special celebrity coming to our race? We are excited for you to meet them and get a photo! And will sharkie make a return? Who can know?

### Trirunning Toowoomba



### GETT Fitness Toowoomba



### Kelly Sanders Remedial Massage



### Salomon Running





[Johnny Sprockets](#)



[Tailwind Nutrition](#)



## Mandatory Equipment List

The terrain for this year's event for the 12 hour would be described as potentially challenging and as such we will be gear checking during the event. Below is the list of mandatory equipment items to be carried by competitors on the course. This is a bare minimum of required equipment. All competitors are expected to be self-sufficient out on the course. Temperatures at this time of year can reach both extremes of heat and cold. In the event of an emergency, your team mates will be the source of first response. Heavy penalties will apply for teams found not carrying an item of mandatory equipment.

### At All Times

Item	Number	Notes
 <p>Mobile Phone</p>	1 per team	Fully charged and water proofed.
 <p>Headlamp</p>	1 per person	With sufficient batteries. Only 1 headlamp is required per team for the 6 hour course as an emergency backup in case you get caught out late on the course. Not required for the 3 hour course.
 <p>Whistle</p>	1 per person	Accessible at all times, particularly if you capsize on a kayak leg.
 <p>Waterproof jacket</p>	1 per person	Seam sealed and with a hood. Rain ponchos are not sufficient. <b>12 Hour event only.</b>
 <p>Emergency Space Blanket/Bag</p>	1 per team	Any form of space blanket is sufficient.
 <p>Compass</p>	1 per team	Southern hemisphere compass. Electronic (watch or phone) compass is insufficient.
 <p>First aid kit</p>	1 per team	Sufficient for dealing with injuries in the bush including cuts, stings, blisters, bites, hypothermia, breaks, burns, pain, diarrhea, vomiting, infection, splinters, rash, chafing and envenomation.

### Mountain Bike Stages

Item	Number	Notes
 Mountain bike	1 per person	Sufficient for riding on rugged trails.
 Helmet	1 per person	Must meet Australian standards.
 White front light	1 per person	To be on at all times when riding at night. Headlamp is sufficient. <b>12 Hour Teams Only</b>
 Red rear light	1 per person	To be on at all times when riding at night. <b>12 Hour Teams Only</b>

### Kayak Stages

Item	Number	Notes
 PFD	1 per person	Type 2 or better. To be worn at all times while kayaking. Inflatable PFDs are insufficient. Can be provided if required.
 Paddle	1 per person	Paddles can be provided if required.

### Prohibited Items

- Any form of GPS or distance measuring devices including foot pods, pedometers, step counters, etc
- Cycle computers
- Night vision goggles
- Altimeters
- Any maps other than those provided

## Recommended Items

The above list is the bare minimum of mandatory equipment teams are required to carry on the course. It is sufficient to manage an emergency situation until first responders can arrive to render assistance. To comfortably complete the course, teams are recommended to carry the following suggested items:

- Outdoor clothing including hats, sunglasses, gaiters, thermal pants and top, waterproof pants, beanie, gloves and fleece.
- Sunscreen, insect repellent, anti-inflammatory medication and other additional first aid.
- Trekking poles.
- Toilet paper and trowel.
- Means to purify water (tablets, filter, steripen, etc).
- Bike repair tools and spare parts.

## Further Inquiries

For additional information please contact the MOJO Crew on 0402622310 or at [mojoadventureracing@gmail.com](mailto:mojoadventureracing@gmail.com). Keep an eye on the MOJO Adventure [facebook page](#) for further information and updates from the course.





## **ACKNOWLEDGEMENT, WAIVER AND RELEASE – COMPETITORS AND SUPPORT STAFF**

WARNING: THIS IS A LEGAL DOCUMENT THAT AFFECTS YOUR RIGHTS. PLEASE READ CAREFULLY AND SIGN BELOW.

1. I understand and acknowledge that participating in the 2018 MOJO Raid Adventure Race (henceforth referred to as the Event) is a dangerous activity. The Event may involve kayaking, trekking, mountain biking, running, swimming, navigation, crossing and/or travelling on roads, traversing isolated and remote tracks, and other unspecified surprise activities. I am aware and understand the activities I will potentially be involved in. Hazards include, but are not limited to remoteness from assistance or medical aid, the extremely strenuous nature of the Event including becoming lost, vehicle traffic, actions of other participants spectators and public, weather conditions, hypothermia and heat exhaustion, condition or suitability of participant's equipment, natural and man made objects in the environment and other unspecified hazards. I am aware of the hazards involved and acknowledge that there is always risk of injury (including permanent injury, mental injury, paralysis and death) and damage to my property. In my judgment I have sufficient competence, knowledge, common sense and equipment to participate in all Event activities in a manner safe to myself and others.

2. I certify that I am physically fit and that I have sufficiently trained for participation in the Event and have not been advised otherwise by a qualified medical person that I cannot participate in the Event and have been given the opportunity to attend a pre event briefing session.

3. In consideration of being allowed to participate in the Event, I (on my own behalf and on behalf of my executors, administrators, heirs, next of kin, successors and assigns):

a. WAIVE, RELEASE AND DISCHARGE from any and all liability for death, disability, personal injury, property damage, property theft and all other risks, claims or actions of any kind (including breach of contract, acts of negligence to the fullest extent permitted by law) whatsoever and however occurring, together with any legal fees incurred as a result of any such claim whether it is valid or not, which I at any time had or have as a result of or in connection with, directly or indirectly, my participation in and my travelling to and from the Event the following person or entities: Raid Adventures, Event sponsors, Event producers, community organisations, all State, Federal and Local Government authorities in which the Event may be staged and the owners, licensees or occupiers of any property upon which I enter and their (its) respective officers, directors, employees, independent contractors, sponsors, representatives, agents, members and volunteers, including medical and paramedical personal appointed for the Event;

b. INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned in paragraph 3(a) from any and all liabilities, claims or actions (including negligence) whatever or however caused arising as a result of or in connection with, directly or indirectly, my participation in and travelling to and from the Event, including any claim by my support crew or any person assisting me;

4. I acknowledge that I am responsible for my personal possessions and equipment during the Event.

5. I accept the communications, search, rescue and medical aid arrangements put in place by the organisers. I understand and agree that in the first instance I am responsible for the provision of first aid to myself and those around me. As a competitor or support crew I am responsible for my timely removal from the course to a medical facility. I give my consent to receive any first aid and medical treatment which may be deemed advisable in the event accident, injury or illness as a result of my involvement in the Event.

6. I certify that the organisers have been previously advised of any relevant pre-existing medical conditions and I consent to and authorise that information to be provided to any medical practitioner, ambulance officer or any person involved or associated with any medical treatment or assistance that may be given to me as a result of my participation in the Event, regardless of whether the treatment is given.



7. I agree to allow my (or in the event of a guardian, my ward's) photograph, video, multimedia or film likeness taken during the Event to be used for any legitimate purpose by Raid Adventures or assigns without notification, payment or compensation.

8. I acknowledge that the Event is covered for broadform public and products liability insurance. I am responsible for my personal accident insurance and ambulance cover.

9. I acknowledge that the organisers reserve the right to alter the advertised course if conditions warrant. I agree that the organisers reserve the right to cancel or postpone the Event due to weather conditions, natural disaster, "acts of god", terrorism, war or any other reason so deemed by the organisers, and that my payment fees will be non-refundable.

10. I agree to abide by the Event rules and directions of officials and I understand that my entry may be voided if through my actions or behaviour, if in the opinion of the organisers, I break any of the rules or I bring the Event into disrepute.

10. I acknowledge that I have read the Refunds, Changes and Cancellation Policy relevant to the event and agree to its particular terms and conditions.

11. I certify that I will be eighteen (18) years of age or older before the Event starts or that I have full permission from my parent/guardian and they have read and understood the above and will co-sign below.

**I have carefully read this form, understand and agree to its content**

\_\_\_\_\_  
TEAM NAME

\_\_\_\_\_  
TEAM NUMBER

\_\_\_\_\_  
PARTICIPANT/GUARDIAN NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PHONE NUMBER OF EMERGENCY PHONE BEING CARRIED ON COURSE