



RAID

adventures





The Rogue Raid Mandatory Equipment List





Below is the list of mandatory equipment items to be carried by competitors on the course. This is a bare minimum of required equipment. All competitors are expected to be self-sufficient out on the course. Temperatures at this time of year can reach both extremes of heat and cold. In the event of an emergency, your team mates will be the source of first response. Heavy penalties will apply for teams found not carrying an item of mandatory equipment.

At All Times



Item	Number	Notes
 Mobile Phone	1 per team	Fully charged and water proofed.
 Headlamp	1 per person	With sufficient batteries. Only 1 headlamp is required per team for the 6 hour course as an emergency backup in case you get caught out late on the course.
 Whistle	1 per person	Accessible at all times, particularly if you capsize on a kayak leg.
 Waterproof jacket	1 per person	Seam sealed and with a hood. Rain ponchos are not sufficient.
 Emergency Space Blanket/Bag	1 per team	Any form of space blanket is sufficient.
 Compass	1 per team	Southern hemisphere compass. Electronic (watch or phone) compass is insufficient.
 First aid kit	1 per team	Sufficient for dealing with injuries in the bush including cuts, stings, blisters, bites, hypothermia, breaks, burns, pain, diarrhea, vomiting, infection, splinters, rash, chafing and envenomation.

	GPS tracker	1 per team	Provided by organisers. Always packed with best line-of-sight to the sky as possible.
	Gear Box	1 per team	No larger than 50L. 24 hour teams only.

Mountain Bike Stages

Item	Number	Notes
 Mountain bike	1 per person	Sufficient for riding on rugged trails.
 Helmet	1 per person	Must meet Australian standards.
 White front light	1 per person	To be on at all times when riding at night. Headlamp is sufficient. 24 Hour Teams Only
 Red rear light	1 per person	To be on at all times when riding at night. 24 Hour Teams Only

Kayak Stages

Item	Number	Notes
 PFD	1 per person	Type 2 or better. To be worn at all times while kayaking. Inflatable PFDs are insufficient. Can be provided if required.
 Paddle	1 per person	Paddles can be provided if required.

Prohibited Items

- Any form of GPS or distance measuring devices including foot pods, pedometers, step counters, etc
- Cycle computers
- Night vision goggles
- Altimeters
- Any maps other than those provided

Recommended Items

The above list is the bare minimum of mandatory equipment teams are required to carry on the course. It is sufficient to manage an emergency situation until first responders can arrive to render assistance. To comfortably complete the course, teams are recommended to carry the following suggested items:

- Outdoor clothing including hats, sunglasses, gaiters, thermal pants and top, waterproof pants, beanie, gloves and fleece.
- Sunscreen, insect repellent, anti-inflammatory medication and other additional first aid.
- Trekking poles.
- Toilet paper and trowel.
- Means to purify water (tablets, filter, steripen, etc).
- Bike repair tools and spare parts.