



RAID






adventures





The Rogue Raid Mandatory Equipment List

Below is the list of mandatory equipment items to be carried by competitors on the course. This is a bare minimum of required equipment. All competitors are expected to be self-sufficient out on the course. In the event of an emergency, your team mates will be the source of first response. Heavy penalties will apply for teams found not carrying an item of mandatory equipment.



At All Times

Item	Number	Notes
 Mobile Phone	1 per team	Fully charged and water proofed.
 Whistle	1 per person	Accessible at all times, particularly if you capsize on a kayak leg.
 Emergency Space Blanket/Bag	1 per team	Any form of space blanket is sufficient.
 Compass	1 per team	Southern hemisphere compass. Electronic (watch or phone) compass is insufficient.
 First aid kit	1 per team	Sufficient for dealing with injuries in the bush including cuts, stings, blisters, bites, hypothermia, breaks, burns, pain, diarrhea, vomiting, infection, splinters, rash, chafing and envenomation.

Mountain Bike Stages

Item	Number	Notes
 Mountain bike	1 per person	Sufficient for riding on rugged trails.
 Helmet	1 per person	Must meet Australian standards.

Kayak Stages

Item	Number	Notes
 <p>PFD</p>	1 per person	Type 2 or better. To be worn at all times while kayaking. Inflatable PFDs are insufficient. Can be provided if required.
 <p>Paddle</p>	1 per person	Paddles can be provided if required.

Prohibited Items

- Any form of GPS or distance measuring devices including foot pods, pedometers, step counters, etc
- Cycle computers
- Altimeters
- Any maps other than those provided

Recommended Items

The above list is the bare minimum of mandatory equipment teams are required to carry on the course. It is sufficient to manage an emergency situation until first responders can arrive to render assistance. To comfortably complete the course, teams are recommended to carry the following suggested items:

- Outdoor clothing including hats, sunglasses, gaiters, thermal pants and top, waterproof jacket, beanie and gloves.
- Sunscreen, insect repellent and other additional first aid.
- Toilet paper and trowel.
- Bike repair tools and spare parts.