





### The 2018 Colts Academy Event Document

This document contains all the information you will need to prepare for the Colts Academy. Please read thoroughly before attendance.

#### Concept

In an Australian first, the Colts Academy is a youth development pathway into Adventure Racing. In collaboration with the Queensland Rogaine Association, the Academy is structured around a skills clinic based on the core disciplines of adventure racing: navigation (hosted by Orienteering QLD), mountain biking (hosted by Bike On) and kayaking (hosted by Paddle Perfect), followed by a practice event. No prior experience is required!



The Colts Academy is run on a not-for-profit basis.

#### Date

Sunday 15 April 2018

### **Participant Ages**

The Colts Academy is targeted at participants up to 21 years of age. Note that children 13 years or younger must be accompanied by a paying guardian over age 18. Students age 14-17 may opt to enter with a guardian if they wish. Guardians incur an additional \$35 charge.

#### **Program**

Participants will be divided into three age-based groups – Colts (18-21), Cubs (14-17) and Family (13 and under + guardian). Each group will then rotate through one of three sessions of Kayak skills training, MTB skills training and Navigation skills training. The groups will come together for the catered lunch and a mini practice event at the end of the day. Group sizes will be restricted to 12-16 participants to ensure as much access to instructors as possible.

### Schedule

08:00am Arrival, Registration and Set Up

08:30am Session 1 10:00am Session 2 11:30am Lunch 12:00noon Session 3

1:30pm 1 hour mini practice event 3:00pm Wrap up and farewell

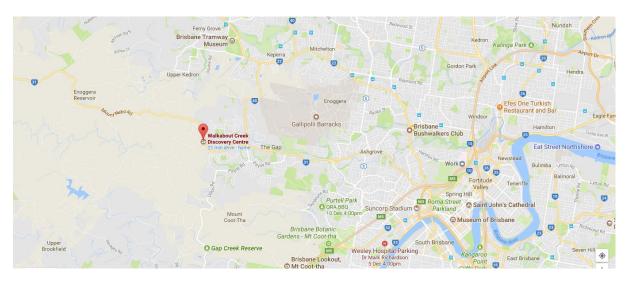
# **Entry**

Cost is \$60/participant. Guardians incur an additional \$35 charge. Entries are available <a href="here">here</a>. Places are strictly limited, so book early to avoid disappointment.



# **Race HQ Location**

The Colts Academy will be located at the <u>Walkabout Creek facilities at Enoggera Reservoir</u>. The address is 60 Mt Nebo Rd, The Gap, QLD. The venue has easy lake access for paddling, a MTB skills park and plenty of trails and surrounding bush to test your navigation skills, all within 20 minutes of the city. Toilets, water and shelter will be available to participants. The Discovery Centre has excellent restaurant facilities for parents looking to stay on during the program. Note that at this time of year, the facilities will be undergoing a renovation which may restrict access to some areas.



#### Equipment

- A mountain bike and helmet (may be available for hire for an additional cost)
- Paddle and PFD (can be provided for free if required)
- Compass (can be provided for free if required)
- Sun protection (hat, sunscreen, etc) and insect repellent
- Water bottle or hydration pack
- A camp chair for lunch
- Energy food for outside of lunch
- A change of clothes and a towel

#### Volunteers

We require a number of volunteers to help with both mentoring teams at the Colts Raid race, as well as assisting with general event logistics at both the Colts Academy and Colts Raid. Volunteers are the backbone of rogaining and adventure racing. We love our volunteers and feed and look after them very well (see Derek's testimonial <a href="here">here</a>). Volunteers at any Raid event or QRA race receive guaranteed pre-entry into our other races as well as \$50 credit to any other Raid Adventures race or QRA event. Contact Liam at <a href="mailto:rogueadventureracing@gmail.com">rogueadventureracing@gmail.com</a> if you are keen to be part of the action.



## **Additional Catering**

Spectators can book additional catering for the event lunch at a cost of \$13 / person up until a week before the race. This can be done upon entry or by emailing <a href="mailto:rogueadventureracing@gmail.com">rogueadventureracing@gmail.com</a>.

# **Kayaks**

Kayaks will be provided for the Colts Academy. These will be the green Spirit Double CTR kayak fleet managed by <u>Navis Outdoors</u>. Note that paddles and/or PFDs can be provided for free of charge. If you wish to be partnered with a specific friend for the Colts Academy, let us know during the registration process.



# Why Run a Colts Academy?

In adventure racing, a colt is a term used to refer to a youth racer. The definition varies slightly from race to race, but typically teams with an average maximum age of 25 - 27 years old will qualify for the colts category. Special opportunities exist for Colts teams in adventure racing: In 2017 eight colts teams had their entries paid for and flights subsidised to race at the China leg of the AR World Series and in 2018 there is a \$10,000 cash purse for the top colts team at GODZone.

Read more on the motivation behind the Colts Academy here.

## **Further Inquiries**

For additional information please contact event director Liam St Pierre on 61 405 728 128 or at <a href="mailto:rogueadventureracing@gmail.com">rogueadventureracing@gmail.com</a>. Keep an eye on the Rogue Adventure <a href="mailto:facebook page">facebook page</a> here for further information and updates from the course.

